

Warm Springs Middle School

Mindset and Brainology

2014-2015

Why the Growth Mindset?

- When students and educators have a growth mindset, they understand that intelligence is not set, but can be developed and increased. Students focus on improvement instead of worrying about how smart they are. They work hard to learn more and get smarter. Based on years of research by Stanford University's Dr. Carol Dweck, Lisa Blackwell Ph.D., and their colleagues, we know that students who learn this mindset show greater:
- Motivation in school
- Better Grades
- 3. Higher Test Scores

What does a Growth Mindset School look like?

- Administrators support teachers' learning. They are responsive to honest feedback, rather than defensive. They seek to build their skill set, and are willing to learn from their teachers.
- Teachers collaborate with their colleagues and instructional leaders, rather than shut their classroom doors and fly solo. They strive to strengthen and reflect on their own practice, rather than blame others. They truly believe that all students can learn and succeed—and show it.
- Parents support their children's learning both inside and outside the classroom. They partner with teachers, and respond to outreach. They worry less about advocating for their children to get good grades and focus on making sure kids are being challenged and put in the effort needed to grow.
- **Students** are enthusiastic, hard-working, persistent learners. They take charge over their own success.

What is the impact of Mindset?

- Mindsets Predict Motivation and Achievement
- Growth Mindset Boosts Motivation and Achievement
- Growth Mindsets Narrow the Gender Gap in Math
- Growth Mindsets Narrow the Racial Achievement Gaps
- Mindsets Improve Resilience, Behavior, and Achievement
- Mindset Research shows that Intelligence is Malleable (not fixed)

Brainology



How Warm Springs will roll out Mindset 😂

- District Office agrees to support WSMS in piloting Mindset for 2014-2015 school year
- All staff have been given Mindset book November 2014
- RSP teachers decide to pilot Brainology
- December 1^{st,} 2014 leadership training with district on implementation at WSMS
- January 29th 6:30-7:30 Parent Training WSMS Library
- Roll out Brainology to all students on February 2nd 2015 during P.E. classes.
- 8th grade will go through program 1st 2 week session (must complete entire program before promoting to HS).
- 7th grade will follow 8th grade 2 week session. (will have 1 year to complete online portion)
- 6th grade will follow 7th grade 2 week session. (will have 2 years to complete online portion)

Power of "Yet"



MINDSET IS KEY TO SUCCESS



Let's Talk GOALS and get ready for HS!

WSMS Students are <u>SMART</u> and WSMS students <u>WILL</u> never give up!